

Table A-7. Time spent in primary activities¹ by married mothers and fathers with own household children under 18 by employment status of self and spouse and age of youngest child, average for the combined years 2009-13

Own household children under 18

Activity	Average hours per day						Differences in married mothers' and fathers' time use on an average day (hours) ²		
	Both spouses work full time		Mother employed part time and father employed full time		Mother not employed and father employed full time		Both spouses work full time	Mother employed part time and father employed full time	Mother not employed and father employed full time
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers			
Total, all activities	24.00	24.00	24.00	24.00	24.00	24.00	0.00	0.00	0.00
Personal care activities	8.98	8.61	9.17	8.61	9.56	8.78	.37	.56	.78
Sleeping	8.14	8.00	8.42	8.02	8.92	8.17	.14	.40	.75
Household activities	1.91	1.30	2.69	1.20	3.50	1.00	.60	1.49	2.49
Housework78	.25	1.13	.21	1.57	.20	.53	.92	1.37
Food preparation and cleanup81	.39	1.06	.34	1.47	.28	.42	.72	1.20
Lawn and garden care06	.23	.12	.18	.13	.17	-.16	-.06	-.04
Purchasing goods and services51	.32	.64	.32	.68	.37	.19	.31	.31
Grocery shopping13	.07	.17	.07	.20	.08	.06	.09	.11
Consumer goods purchases, except grocery shopping31	.20	.37	.20	.37	.24	.11	.16	.13
Caring for and helping household members	1.36	.90	1.83	.92	2.59	.85	.46	.91	1.75
Caring for and helping household children	1.35	.88	1.81	.91	2.57	.82	.47	.90	1.75
Physical care57	.26	.70	.28	.99	.26	.31	.42	.72
Education-related activities12	.09	.17	.07	.30	.05	.03	.10	.25
Reading to/with children05	.03	.07	.03	.08	.03	.02	.04	.04
Playing/doing hobbies with children26	.26	.34	.31	.64	.32	~0	.02	.32
Working and work-related activities ³	5.21	6.06	2.69	5.95	.11	6.19	-.85	-3.26	-6.08
Working ³	5.18	6.03	2.64	5.91	.04	6.16	-.84	-3.27	-6.12
Leisure and sports	2.93	3.66	3.41	3.69	4.03	3.56	-.72	-.28	.48
Socializing and communicating60	.59	.78	.61	.82	.57	.02	.17	.25
Watching television	1.50	2.09	1.59	1.99	2.10	2.03	-.58	-.40	.07
Participating in sports, exercise, and recreation20	.28	.24	.34	.24	.30	-.08	-.10	-.06
Travel	1.36	1.45	1.43	1.47	1.14	1.39	-.09	-.05	-.25
Travel related to caring for and helping household children25	.15	.30	.12	.30	.10	.10	.19	.20
Other activities, not elsewhere classified	1.74	1.70	2.14	1.83	2.39	1.86	.04	.30	.53

See footnotes at end of table.

Table A-7. Time spent in primary activities¹ by married mothers and fathers with own household children under 18 by employment status of self and spouse and age of youngest child, average for the combined years 2009-13—Continued

Own household children, youngest under 6

Activity	Average hours per day						Differences in married mothers' and fathers' time use on an average day (hours) ²		
	Both spouses work full time		Mother employed part time and father employed full time		Mother not employed and father employed full time		Both spouses work full time	Mother employed part time and father employed full time	Mother not employed and father employed full time
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers			
Total, all activities	24.00	24.00	24.00	24.00	24.00	24.00	0.00	0.00	0.00
Personal care activities	8.98	8.58	9.05	8.41	9.56	8.72	.40	.64	.84
Sleeping	8.19	8.04	8.37	7.89	9.00	8.14	.16	.48	.85
Household activities	1.68	1.18	2.47	1.22	3.25	.96	.49	1.26	2.29
Housework68	.24	1.06	.26	1.42	.22	.45	.79	1.20
Food preparation and cleanup76	.41	1.07	.38	1.47	.28	.35	.69	1.19
Lawn and garden care05	.17	.08	.16	.08	.13	-.13	-.08	-.04
Purchasing goods and services49	.35	.57	.29	.61	.41	.14	.29	.20
Grocery shopping13	.08	.15	.08	.17	.09	.05	.07	.08
Consumer goods purchases, except grocery shopping30	.21	.31	.18	.34	.26	.09	.13	.08
Caring for and helping household members	2.15	1.45	2.72	1.46	3.37	1.17	.69	1.27	2.20
Caring for and helping household children	2.13	1.43	2.70	1.45	3.35	1.16	.71	1.25	2.19
Physical care	1.09	.53	1.22	.50	1.46	.41	.56	.72	1.05
Education-related activities08	.07	.14	.05	.24	.04	.01	.09	.20
Reading to/with children08	.05	.12	.06	.11	.05	.03	.06	.06
Playing/doing hobbies with children57	.52	.67	.63	1.02	.51	.04	.04	.52
Working and work-related activities ³	5.08	5.89	2.65	6.23	.10	6.04	-.82	-3.58	-5.95
Working ³	5.04	5.85	2.60	6.20	.05	6.01	-.81	-3.61	-5.96
Leisure and sports	2.66	3.45	3.25	3.40	3.83	3.49	-.79	-.15	.34
Socializing and communicating63	.63	.80	.60	.84	.62	~0	.20	.22
Watching television	1.33	1.88	1.52	1.82	2.02	1.98	-.55	-.31	.03
Participating in sports, exercise, and recreation20	.28	.24	.25	.22	.31	-.09	-.01	-.09
Travel	1.31	1.43	1.25	1.30	1.03	1.32	-.11	-.05	-.29
Travel related to caring for and helping household children30	.18	.31	.12	.28	.09	.12	.19	.19
Other activities, not elsewhere classified	1.65	1.66	2.04	1.70	2.25	1.89	-.01	.33	.37

See footnotes at end of table.

Table A-7. Time spent in primary activities¹ by married mothers and fathers with own household children under 18 by employment status of self and spouse and age of youngest child, average for the combined years 2009-13—Continued

Own household children 6-17, none younger

Activity	Average hours per day						Differences in married mothers' and fathers' time use on an average day (hours) ²		
	Both spouses work full time		Mother employed part time and father employed full time		Mother not employed and father employed full time		Both spouses work full time	Mother employed part time and father employed full time	Mother not employed and father employed full time
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers			
Total, all activities	24.00	24.00	24.00	24.00	24.00	24.00	0.00	0.00	0.00
Personal care activities	8.97	8.63	9.27	8.76	9.56	8.86	.34	.51	.70
Sleeping	8.10	7.98	8.47	8.12	8.83	8.21	.13	.35	.61
Household activities	2.07	1.39	2.87	1.18	3.83	1.05	.69	1.69	2.77
Housework86	.27	1.19	.17	1.76	.17	.59	1.02	1.59
Food preparation and cleanup84	.37	1.05	.31	1.49	.27	.47	.75	1.22
Lawn and garden care07	.26	.15	.20	.18	.23	-.19	-.04	-.04
Purchasing goods and services52	.30	.69	.35	.77	.33	.22	.34	.44
Grocery shopping13	.06	.18	.07	.24	.08	.07	.11	.16
Consumer goods purchases, except grocery shopping33	.20	.42	.22	.40	.21	.13	.19	.19
Caring for and helping household members79	.53	1.09	.53	1.55	.43	.26	.56	1.12
Caring for and helping household children77	.50	1.07	.52	1.53	.40	.27	.55	1.13
Physical care19	.08	.27	.12	.35	.07	.11	.15	.28
Education-related activities14	.10	.19	.08	.38	.07	.04	.12	.31
Reading to/with children02	.01	.03	.01	.03	.01	.01	.02	.02
Playing/doing hobbies with children04	.09	.07	.09	.12	.08	-.05	-.02	.04
Working and work-related activities ³	5.31	6.17	2.73	5.75	.14	6.38	-.87	-3.01	-6.25
Working ³	5.29	6.15	2.67	5.70	(⁴)	6.35	-.86	-3.03	(⁴)
Leisure and sports	3.14	3.80	3.54	3.90	4.31	3.65	-.66	-.35	.66
Socializing and communicating58	.56	.77	.63	.79	.51	.03	.14	.28
Watching television	1.63	2.23	1.66	2.11	2.22	2.10	-.60	-.46	.12
Participating in sports, exercise, and recreation20	.28	.24	.40	.27	.28	-.08	-.16	-.01
Travel	1.40	1.47	1.58	1.60	1.28	1.48	-.06	-.02	-.20
Travel related to caring for and helping household children21	.14	.30	.11	.32	.11	.07	.18	.21
Other activities, not elsewhere classified	1.80	1.72	2.22	1.93	2.57	1.82	.08	.29	.75

¹ A primary activity refers to an individual's main activity. Other activities done simultaneously are not included.

² In each employment category, differences are calculated by subtracting fathers' average hours from mothers' average hours.

³ Estimates include a small amount of work time done by persons who do not meet the ATUS definition of employed.

⁴ Estimate is suppressed because it does not meet the American Time Use Survey standard for quality and reliability.

~0 Estimate is approximately zero.

NOTE: Data refer to persons 15 years and over. For technical information about the American Time Use Survey, see the ATUS User's Guide: www.bls.gov/tus/atususersguide.pdf.

SOURCE: American Time Use Survey, Bureau of Labor Statistics